

Lakes Anglican Express

Building the Body of Christ for the sake of the Kingdom.

Week beginning Sunday 5 February 2012

Epiphany 5

Reflecting on Mark 1:29–39

From Canon Hugh

This is the conclusion to Mark's portrayal of a typical day in Jesus' ministry. Last week we encountered him teaching and driving out the forces of evil. Today, we find him involved in healing ministries. These three aspects of ministry are central to what it means to be a disciple of Jesus and are central to the priorities of the Kingdom of God.

Boiled down to the basics, God's plan for humanity is that all would come to know God, all would come to dwell in the light of God, all would share in the abundant life of God. Jesus has come into the world to make this known and to change all things for all time.

How do we respond? Take a closer look at this passage today. It begins with Jesus and his small group of initial disciples going to Simon's house in Capernaum. There they discover that Simon's mother-in-law is sick. Jesus goes to her, immediately raises her up (early resurrection imagery), and she begins to serve. This woman becomes the example for all of us – we encounter God and the true disciple immediately follows. This unnamed woman shames our lack of commitment, our desire to do things in our own time, our unwillingness to let God be God.

If we are to bear the title of being disciples of Jesus, then we are called to be like this woman. We are called to learn of God and to help others do the same. We are called to confront the darkness in ourselves and in the world around us with the light of Christ. We are called to be healers and reconcilers acknowledging that God desires abundant life for all. When we are engaged in these types of behaviour, then we can truly call ourselves disciples of Jesus.



Welcome

If you're new to church, or just new to our church, we'd like to welcome you today.

Daily Readings

Sun 5 February

Isaiah 40:21–31
Psalm 147:1–11
I Corinthians 9:16–23
Mark 1:29–39

Mon 6 February

I Kings 8:1–13
Psalm 132:7–11
Mark 6:53–56

Tues 7 February

I Kings 8:22–30
Psalm 84:1–4
Mark 7:1–13

Wed 8 February

I Kings 10:1–10
Psalm 37:35–41
Mark 7:14–23

Thurs 9 February

I Kings 11:4–13
Psalm 106:32–39
Mark 7:24–30

Fri 10 February

I Kings 11:29–12:9
Psalm 81:10–16
Mark 7:31–37

Sat 11 February

I Kings 12:26–13:34
Psalm 106:20–24
Mark 8:1–10

Sun 12 February

2 Kings 5:1–14
Psalm 30
I Corinthians 9:24–27
Mark 1:40–45

Contact Information

Parish Office (9am–3pm, Mon–Fri)

Ph 4393 1333; Fax 4392 7884
Email: gorokan@bigpond.com
www.lakesanglican.com

The Rev'd Canon Hugh Bright

Parish Priest & Central Coast Area Dean
Email fr:hugh@live.com.au
(mobile) 0425 393 569

The Rev'd Lyn Porritt

Honorary Priest 4390 5137

The Rev'd Barbara Bagley (Families)

Priest in Local Mission 0414 706 808

The Rev'd Sue Ballard (Communications)

Deacon in Local Mission 4397 4458

The Rev'd Helen Gilkison

Deacon in Local Mission 4392 4244

The Rev'd Margaret Tye (Discipleship)

Deacon in Local Mission 4392 5484

The Rev'd Cathy Walker (Pastoral Care)

Deacon in Local Mission 4392 1228

The Rev'd Canon Ken Hagan

Honorary Priest 4399 3523

Parish Secretary

Robyn Price 4396 5887

Churchwardens

Frank Harris 4390 2105
Ellis Hopper 4353 4027
Faye Lougoon (Rector's Warden) 4390 8694

Ministry Team

Dorothee Crowther (Seniors) 4392 1884
Ian Fauchon (Evangelism) 4358 2171
Jane Harris (Community) 4390 2105
Warwick Horsey (Worship) 4393 1475
Erica Voorwinde (Welcoming) 4399 2060

Sun 5 February

- 7.30am Holy Eucharist
- 9.30am Holy Eucharist (family service)

Mon 6 February

- 8.00am Morning Prayer
- 10.00am Gorokan Grandies (GAPS) Bethany Room
- 10.00am Holy Eucharist – Warnervale Gardens
- 10.00am Ladies' Bible Study – ring Helen 4392 4244 for details
- 2.00pm Bible Study - Canon Hugh's Office
- 7.30pm Bible Study – Voorwinde's – 4399 2060

Tues 7 February

- 8.00am Morning Prayer
- 1.30pm Bible Study – ring Ian 4358 2171 for details

Wed 8 February

- 7.00am Holy Eucharist
- 8.00am Bible Study – Ministry Centre
- 9.00am Staff Meeting
- 10.00am MU Meeting
- 10.30am Holy Eucharist – Starrett Lodge
- 11.30am Holy Eucharist – Glenmere Hostel
- 4.30pm LakesKids – Activities for K–6 children to 6pm

Thurs 9 February

- 8.00am Morning Prayer
- 9.00am Men Woodworkers' Shed
- 10.30am Coffee and Chat

Fri 10 February

- 8.00am Morning Prayer
- 3.00pm Choir Practice

Sun 12 February

- 7.30am Holy Eucharist
- 9.30am Holy Eucharist (family service)

For more information about what's on, contact the office, or ask a minister.

Prayer Page

Diocesan Prayer Points

This weekly list is part of an annual cycle of prayer which covers all the parishes in the Newcastle Diocese, and each Anglican Diocese in Australia.

Parish of Kotara South

Led by Rev'd Fergus and Irene King (Parish Priest).

Parish of Lambton

Led by Rev'd Maree and Terry Armstrong (Parish Priest), Sandra Curtis, Jim Parslow, Gina Parslow, Daphne Turnbull, Daphney Whelan and Pamela Wilson (Lay Ministers).

Parish of New Lambton

Led by Rev'd Doug and Jenny Morrison-Cleary (Parish Priest)

Parish of Wallsend

Led by Rev'd Sally Gero (Parish Priest), Parish Ministry Team in development

Hospital Chaplaincies

*John Hunter: John and Patricia Dring (Chaplain)
Chaplaincy Volunteers*

Trade Union Leaders

Diocese of Bathurst

*led by Bishop Richard Hurford,
Assistant Bishop John Stead*

Ministering Communities

O God, our Father, as you sent your Son, send us into your world with your compelling love.

Help us by your Spirit, to share your Gospel of love and forgiveness, of justice and peace, of compassion and care.

Revive your Church and save your people. Through Jesus Christ our Lord. Amen.

Our Parish Prayer

Spirit of the Living God, fall afresh on our Church that it may proclaim your Good News.

Spirit of the Living God, fall afresh on our Parish that we may be renewed in your service.

Spirit of the Living God, fall afresh on me that I may know you and make you known.

Spirit of the Living God, fall afresh on us that we may share your love here and in the wider community. Amen.

Prayer of the week

Father of all, who gave your only-begotten Son to take upon himself the form of a servant and to be obedient even to death on a cross: give us the same mind that was in Christ Jesus, that, sharing in his humility, we may come to be with him in his glory; where he lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

Parishioners to pray for...

Who need continuing prayer...

Stephen Hambrook
David Wasson
Michael Garrett
Moira Gorman
Jodie Faulks
Robert, Jill & Stephen Smeallie
Eileen Scholes
Danielle Sykes
Colin Campbell
Leon Woolley
Ken & Bessie Wilson
Joyce Trigg
Olive Clements
Joyce Ephraim

In particular...

Alan Whitham is in need of special prayers at this time, also we hold Coral in love and prayer.

Jane Harris has had a successful outcome from her operation and was proud to tell me that she walked on Tuesday morning. Good on you Jane, keep up the good work.

Sadly Margaret Bugg died on Tuesday morning; our prayers and thoughts are with the family, especially her sister, Joan Reed.

Margaret's funeral is at 10.00am tomorrow, Monday 6 February at Pinegrove Memorial Park, Kington St, Minchinbury. Fr Tony Smith will be taking the service. Phone Fr Tony 0418 669 009 for further details.

Prayer is needed for Rick Austin, Emily Gates' nephew, who has just been diagnosed with terminal cancer.

Anne Cameron is not very well at this time.

Back to Church Sunday Prayer

God of invitation and welcome, bless our preparations for Back to Church Sunday. Lead us to those people you are preparing to be invited and give us boldness to invite them.

Make us a people with an outward-looking faith, eager to be, and to help make disciples. Build up the Body of Christ here at Lakes for the sake of your Kingdom of justice and peace.

We ask these things in the name of Jesus Christ, your Son our Lord. Amen.

Coffee Cup Donation

Thank you to all who who contributed last Sunday to the Coffee Cup Contribution, we raised \$1,063.

If you have forgotten your Coffee Cup Donation, you can still donate today or next Sunday. The capital repayment on our loan is \$5,000, with \$9,000 interest charges. *Faye Lougoun*

Items for Express

Please send items to Robyn Price by 8pm Tuesday. Please send to:
(Robyn) r.m.price7@bigpond.com or
(Office) gorokan@bigpond.com or
ring Robyn on 4396 5887.

Upcoming events

Thur 16 February

Healing Service 10.00am

Sat 18 February

Warnies Markets Stall

Sun 19 February

Annual General Meeting

Back to Church Sunday

Lakes Grammar Service Yrs 7–9

Wed 22 February

Ash Wednesday services

“A Friendly Ear” Grief and Loss Gp

Wed 21 March

Friendship Lunch

Warnies Market

The next Warnies Market stall will be held on Saturday 18 February. Cakes, jams and pickles are needed. Labels can be picked up from the office. Please support this if possible.

Any produce for the market can be left at the office on Friday or brought to the market on Saturday. If you have any questions please ring Jane Harris on 4390 2105.

A Friendly Ear – Grief and Loss

“A Friendly Ear” Grief and Loss Group is held on the 4th Wednesday each month here at the church: 10am to 12 midday. Next session is Wednesday 22 February.

The group is facilitated by the Rev'd Lyn Porritt, priest/psychologist, and is open to all who would like a safe place to share their story. Enquiries – call the Parish Office.

MU Meeting this Wed 8 Feb

MU is meeting at 10.00am at the Church this commencing with the Eucharist.

AGM – Sunday 19 February

The AGM will be held at 11.30am Sunday 19 February. Please make an effort to attend this meeting.

Nomination forms for the positions of Wardens and Parish Councillors are available today and must be returned by next Sunday 12 February.

Healing Service News

This year our first service will be held on Thursday 16 February at 10.00am with Fr. Hugh presiding.

The Healing Service will now be on the 3rd Thursday of the month at 10.00am with a new style of service finishing around 10.45am. This leaves plenty of time for morning tea or lunch and a chat at the Coffee Shop.
Rev'd Cathy Walker

Calling All Writers

Are you a writer looking for a place to meet other like-minded people? Australian Christian Writer's Group (Hunter) can help you. All ages and abilities welcome.

Meeting 1st Saturday of the month – next meeting 5 March 2012, 1:30-4:00pm at Morisset.

Contact Sandra – sandyandcj@internode.on.net. Phone: 4973 3829

LakesKids – Resumes 8 Feb

LakesKids club resumes this week on Wed 8 February for the school term – every Wednesday from 4.30pm to 6.00pm in the hall. Cost is \$2 per child per week. For more information please ring the Parish Office, Carol Barrie (4393 6915) or Rev'd Barbara Bagley.

Fr Ken Hagan back from Vic.

Fr Ken was pleased to preside at the Eucharist last Sunday at 7.30am and to be back among Lakes Anglican worshippers again.

Margaret and Fr Ken have been at Warracknabeal in Western Victoria during the past six months where Fr Ken has been acting as Parish Priest. It was great to have the care of a thriving parish but it is good to be home again. *Fr Ken Hagan*

Back to Church Sunday

Back to Church Sunday – 19 February. BTCS is all about “a friend inviting a friend” to church. Now is the time to be inviting someone to church. There will be morning tea following each service and we ask that parishioners bring a plate of food to share.

Seniors' Concert

If you would like a ticket for the Seniors' Concert on Tuesday 20 March at 11.00am, please see Margaret Tye.

We will be travelling by train to the city for the concert.

Lent commences 22 Feb

On Ash Wednesday 22 February – Imposition of Ashes and Eucharist at 7am, 10am and 6pm.

Lenten Sunday Discussions each Sunday between the morning services.

A Lenten Quiet Morning will be held on Saturday 3 March 10am-noon.

+Peter will visit the parish on Sunday 4 March for 7.30am and 9.30am services.

There will be Sunday Evening Lenten Discussions at 5pm, starting on 26 February.

Sunday Evening Lenten Worship Service – 25 March at 5pm.

Details regarding the Lenten Study will be available next Sunday. *Canon Hugh*

New Bible Study

A new Bible Study group commences tomorrow, Monday 6 Feb at the Voorwinde's, 24 Wyndora Avenue, San Remo at 7.30pm, to be led by Peter Hoare. Please add your name to the list in foyer if you wish to attend.

Regular Bible Studies resume this week beginning on Monday 6 Feb.

Offerings

Offertories for last Sunday (29 Jan)

General giving	\$ 2,397.75
Mission Giving	\$ 45.00
Average offertory	\$ 1,973.03

SRE (Special Religious Education) News

We are truly blessed at Lakes to have a faithful and committed group of people who, week by week, share the Good News of Jesus Christ in our local schools. Hundreds of children are exposed to the Gospel through this ministry, many of whom would otherwise would not have this opportunity. June Eggert is the co-ordinator of SRE at Lakes.



Please pray for our SRE teachers as they prepare for another year in the schools. The following prayer may be part of your daily prayers:

Prayer for our SRE Teachers:

We pray that God will be with them as they go into the classroom. That they will be filled with love for the children they teach. That they will be given a spirit of understanding and a listening heart. May God bless the children with whom they share the journey. Amen.

SRE Meeting 15 February

The next Scripture meeting will be held at 9.30.a.m. on Wednesday 15th February. It is necessary for all teachers to attend this important planning meeting.

In terms of requirements for Authorisation to teach SRE, it is necessary that teachers have completed a Working with Children form, participated in a Safe Ministry Training seminar in the past three years (2010 onwards), and are willing to attend periodic training days and meetings. These guidelines are required by law and by the Diocese of Newcastle.

It is our intention to present the Authorisation Cards to the SRE teachers on Sunday 4 March when Bishop Peter Stuart is with us for the morning worship. If you are interested in joining this vital ministry – either as a teacher or a classroom aid – please speak to June Eggert. You would be welcomed warmly!

June Eggert – SRE Co-ordinator

**SRE Classes
commence this
month in our local
primary schools.**